

Substance Abuse Services for Clayton County, Inc.

*A private non-profit corporation
serving the people of Clayton County*



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www.sas4cc.com



SUBSTANCE ABUSE SERVICES
FOR CLAYTON COUNTY, INC.

ANNUAL REPORT

FY 2020

July 1, 2019– June 30, 2020

Substance Abuse Services for Clayton County, Inc.
Here to Serve...Here to Help

Substance Abuse Services for Clayton County, Inc. (SASCC) is a community based and operated substance abuse agency that was founded in December 1981 by a concerned group of county citizens.

SASCC is a non-profit agency that is primarily funded by state and county grants. Additional monies come from municipalities, donations and service fees.

SASCC's primary purpose is to provide education and assistance to the residents of Clayton County to inspire them to make positive decision regarding substances and choices and to ultimately lead healthy lives. We do this by offering accurate information, proven programming and support services which best meet the needs of Clayton County.

Information Programs – Our professional staff provides presentations on a wide variety of substance abuse and related topics such as: low risk drinking choices, consequences associated with binge drinking, drug-free workplace, how substance abuse impacts other areas of functioning, effects of substance abuse on families, recovery from chemical dependency, and interpersonal communications. Presentations are developed to meet the needs of the audience.

Evaluation and support – SASCC program director conducts substance misuse evaluations for those charged with OWI or other substance related offenses. Evaluations are also available for work-related issues and for those who feel they may need help. Information and resources are available for family members and appropriate treatment referrals are made through our cooperative relationships with other agencies. Ongoing recovery services are available for those who have already received primary treatment and are in need of support.

Education – SASCC staff facilitates evidence-based programs for youth to provide accurate information and assist them in making positive choices. Examples include All-Stars and Life Skills. Other programs, such as Peer Helping, or specialty courses are available upon request.

Consultation and collaboration – Our staff are available for consultation and collaboration with businesses, healthcare agencies and community coalitions. We provide current resources, information and technical assistance to help communities and other entities more effectively address choices and problems associated with substance use and abuse. We are available to assist family members who are seeking help for their loved ones. SASCC staff also provides assistance in policy development.

Since its inception, SASCC has provided assistance and educational programs to thousands of people. We look forward to working with others to reduce this serious public health problem.

SASCC Philosophy

It is the **mission** of Substance Abuse Services for Clayton County, Inc. to provide education and assistance to the residents of Clayton County to inspire them to make positive decision regarding substances and choices and to ultimately lead healthy lives.

It is our **vision** that SASCC will make a positive impact on the residents of Clayton County by offering accurate information, proven programming and support services which best meet the needs of Clayton County and the surrounding area.

It is our philosophy that strong community leadership is necessary to build the momentum and encourage community investment in the solution of its social and health problems. This is particularly true in the struggle against substance abuse.

SASCC prevention strategies, goals and objectives are based in the assumption of this philosophy.

SUBSTANCE ABUSE PHILOSOPHY FOR CLAYTON COUNTY, IOWA

1. Alcohol and other drug dependencies are health problems needing evaluation and treatment.
2. Lawful, responsible use of alcohol is a right and privilege, and abusers of alcohol and other drugs need to face the consequences of their behavior.
3. The 'pursuit of happiness' in regards to substance use includes social responsibility. This means respecting the rights and welfare of others and their property.
4. Alcohol and other drug use can be harmful; therefore preventative education is necessary, especially for young people.
5. Other affected by alcohol and other drug abuse, especially families, need and deserve help.
6. Alcohol, other drugs, and driving do not mix and should not be tolerated.
7. Prospective parents should abstain from alcohol and other drugs.
8. Those who choose to or need to abstain should not be pressured to use alcohol and other drugs.

The Clayton County Board of Supervisors initially endorsed a philosophy statement regarding alcohol/drug abuse on September 15, 1982 and updated that endorsement on April 22, 2013. This philosophy represents a set of principles used to provide direction to all that must deal with the reality of substance abuse in community life.

2019-2020
Board of Directors

- President:** Zach Herrmann, County Attorney, 16515 Cty. Rd. St. Olaf IA 52072
Employed by Clayton County
- Vice – President:** Megan Schellhorn, Teacher, 308 N Page St. Monona IA 52159
Employed by MFL MAR MAC School District &
Outdoor Creations Landscape & Garden Ctr. & Floral
- Secretary:** Laurie Klosterboer, Retired., 619 C St. McGregor IA 52157
- Clayton Co. Supervisor:** Sharon Keehner, Clayton County Supervisor, 28636 Miners Creek Rd,
Guttenberg, IA 52052 Employed by Clayton County
- Board Member: Maggie Tucker, Teacher, 202 Mechanic Street, Strawberry Point, IA
52076 Employed by Starmont School District
- Board Member: Suzannah Hekel, Pharmacist, 25004 Edgewood Avenue,
Elkader IA 52043 Employed by Clayton Drug
- Board Member: Richard Dinan, Retired, 704 North Main Street, Elkader, Iowa 52043
- Board Member: Steve Holst, Deputy Sheriff, 23986 Fawn Hollow Road,
Elkader, Iowa 52043 Employed by Clayton County
- Board Member: Tricia Koeller, Community Member, 131 Center St. McGregor IA 52157
- Outgoing Members:** Vickie Schmidt, Retired, 511A Westwood Dr, Strawberry Point, IA 52076
Laura Manson, Retired, 130 N. River Park Dr. Guttenberg IA 52052
Cathy Beck, Registered Nurse, 105 Kristine Ave. NE, Elkader, IA 52043
Employed by Elkader Care Center

No board members have a family relationship with any staff member.
There are no owners or controlling parties.
Conflict of interest –None reported/known

Staff

Program Director
Prevention Coordinator

Merry French
Adam Sadewasser

Board President's Message – FY20

Well, let's see. There's been a global pandemic for half of the year, and SASCC has had just two employees for the last four months. And so while it's tempting to just say "Hope next year is better" and slap my signature on this report, that would be an injustice to what Merry and Adam have accomplished (and continue to accomplish).

Merry has had to perform two roles since December 2019: her own as Program Director, and the role(s) that Mildred Stewart was filling at the front desk and on the financial spreadsheets. It's been a difficult year for obvious reasons, including losing an employee in April 2020. Merry has adapted to all of the various challenges with aplomb, and SASCC continues to operate to the best of its ability with her at its helm. Adam has continued to provide instruction and guidance to the community, as well as keep up with his own continuing education through webinars.

The two of them have never stopped in pushing SASCC forward, and to deliver the organization's message by whatever means possible. If and when Clayton County gets back to "normal," SASCC will be ready to resume at full speed. Their hard work is VERY much appreciated.

In closing, I hope next year is better.

Sincerely,

Zach Herrmann
SASCC Board President

Program Director's Report – FY20

This has been another year of changes in various ways...

In October 2019, SASCC was granted a 10-month extension of the IPFS (Iowa Partnerships for Success) grant, utilizing existing staff. So, we came up with a plan that worked well, until.... Milly resigned to take another job. We were short a staff person for one month, then it took time to educate the new person on the grant strategies and involve them in the work. Then.... COVID-19 arrived! Drastic changes in the way the work was done were required. With guidance from IDPH, we were able to modify some of the strategies and still complete the grant.

Back to Milly - she worked as the Administrative Assistant/Fiscal Specialist for SASCC for 10 years. She completed many tasks and was a resource for both staff and community members who called or stopped in. It was not until she left that I came to realize the extent of the tasks she juggled. Her diligence and dedication to the agency during her tenure are both appreciated and missed. The agency employed another Administrative Assistant for a short period of time, but that also came to an end. Since that time, I have fulfilled the duties of that position. This has required a different mindset for me and expanding my knowledge base. Thank heavens I learned a lot from Milly and have other resources to turn to with questions.

COVID-19...it changed the way SASCC does business. Our main method of operation has always been through face to face interactions. Then schools closed, meetings were cancelled, and social distancing was implemented. The pandemic required us to think about how we could complete our work in a different format. We began to complete substance evaluations and school/community programs via virtual methods. We corresponded with people by phone, email, recordings and mailings. Now more than ever, our work is important. The onset of COVID-19 has brought increased substance misuse and isolation, which will impact lives long after the pandemic is over.

Adam - I cannot thank him enough for his flexibility and calm demeanor. He is always willing to rise to whatever task is asked of him and work outside his comfort zone. Throughout this chaotic year, he has provided a sense of stability within the agency. His dedication is greatly appreciated!

For many of us (myself included), change is uncomfortable and can be difficult. However, it is required for all of us. The world around us continues to change – for better or worse. It is only through change that we can grow and adapt and live– not just survive or exist, but actually live life to the fullest. I am grateful for the opportunity and ability to be a part of an agency which helps people to change and grow!

Merry French, Program Director

Prevention Coordinator's Report – FY20

The 2019-20 school year was filled with continued programming and new challenges most notably COVID-19. During this school year the prevention coordinator had to think outside the box for creative solutions to problems the agency faced.

Since I work under multiple grants, I divided my programming into four categories County, Tobacco, (DFC) Drug Free Communities and (IPFS) Iowa Partnerships for Success.

Going into the 2019 school year my goal was to continue all school programming I have started in the past as well as reach out to other teachers and offer resources and education. I also wanted to continue to reach out to local health care providers and agencies in the area to remind them of our presence in the county and spread resources.

County funding continued to be the most flexible for programming that was not supported under other grants. This included the Life Skills curriculum for 6th grade at Starmont, 9th grade wellness at Starmont, Alt HS wellness at Central 8th and 9th life changes and Drivers Ed. All of these classes were a combination of substance abuse prevention, alcohol and tobacco education. All of the teachers that I worked with have had me come into the classroom for multiple years. This funding was also used for programming outside the school setting. This included a drug recognition class taught to Central Hospital staff via Zoom and a presentation about the agency at Interagency monthly interagency meetings.

Tobacco prevention is centered on youth groups at area schools. The only school in the county that has a youth group is MFL MAR-MAC. The group has over 60 active members; the goal of the program is to bring awareness to tobacco prevention. The groups made signs to promote the group and held street marketing events at the school. 20 students from Clayton County attended the annual EWALU leadership day. For Red Ribbon Week the MFL SODA students lead activities for K-3rd grade students. Presentations were provided to 6th-8th grade at Central Elkader and MFL MAR-MAC. I used the time to talk about brain development and showed students how companies use advertisement to sell products like tobacco and alcohol to middle school aged student. Iowa Quitline was promoted throughout the year and packets were given to area health providers in November promoting the Great American Smoke Out.

SASCC staff partnered with the 5C coalition using DFC funds to promote programming throughout the county. The group implemented presentations at MFL for Red Ribbon Week. They implemented two poverty simulations and worked together at the 5C annual retreat.

Finally, the IPFS grant was extended until June 2020. With time constraints the agency decided not to hire a coordinator and I volunteered to take on many of the action items for the grant. One of the items was implementing All-Stars at two area schools. In January I started implementing the program at MFL and Clayton Ridge. When school were suspended for the year, I recorded the remaining lessons and sent them to the teachers. I also used the lock down time to collect as many electronic surveys related to the media ad campaign. Finally, I used leftover travel money to mail resource packets to area business, alcohol retailers and health care providers.

Another year that was filled with several surprises and new opportunities that will lead to more programming and collaboration in the future.

Adam Sadewasser, Certified Prevention Specialist

Donations and Memorials

FY 2020

July 1, 2019 – June 30, 2020

Business and Private

Mary Newbern
St. Paul's Lutheran Church Guttenberg W.E.L.C.A.
Norway Lutheran Church W.E.L.C.A.
Peace United Church of Christ
Proteus Club

County and Municipalities

Clayton County
City of Edgewood
City of Elkader
City of Farmersburg
City of Guttenberg
City of Marquette
City of McGregor
City of Monona
City of St. Olaf
City of Volga

The following financial
accounting is from the
FY20 SASCC audit
completed by Hacker,
Nelson & Co.

SASCC - FY2020 Annual Report

SUBSTANCE ABUSE SERVICES FOR CLAYTON COUNTY, INC.
STATEMENT OF FINANCIAL POSITION
June 30, 2020

ASSETS	
CURRENT ASSETS	
Cash and cash equivalents	\$ 143,495
Accounts receivable	21,527
Accrued interest receivable	231
Total current assets	<u>165,253</u>
OTHER ASSETS	
Investments, at cost	48,474
Investments, at fair value	41,334
Property and equipment, net of accumulated depreciation	2,654
Other assets	<u>92,462</u>
Total assets	<u>\$ 257,715</u>
LIABILITIES AND NET ASSETS	
CURRENT LIABILITIES	
Accounts payable	\$ 11,892
Salaries payable and benefits	1,186
Deferred revenue	447
Compensated absences	16,672
Total current liabilities	<u>30,197</u>
NET ASSETS	
Without donor restrictions	<u>227,518</u>
Total liabilities and net assets	<u>\$ 257,715</u>

See Notes to Financial Statements.

SASCC - FY2020 Annual Report

SUBSTANCE ABUSE SERVICES FOR CLAYTON COUNTY, INC.
 STATEMENT OF ACTIVITIES
 For the Year Ended June 30, 2020

CHANGES IN NET ASSETS WITHOUT DONOR RESTRICTIONS	
Public Support and Revenue:	
Grants	\$ 183,501
Contributions	7,731
Sales	10,500
Interest	5,049
Municipality	1,431
In-kind contributions	<u>62,358</u>
Total public support and revenue	<u>270,570</u>
Expenses:	
Program services	245,859
Support services	<u>6,811</u>
Total expenses	<u>252,670</u>
Change in net assets without donor restrictions	17,900
NET ASSETS, beginning of year	<u>209,618</u>
NET ASSETS, end of year	<u>\$ 227,518</u>

See Notes to Financial Statements.

SASCC - FY2020 Annual Report

SUBSTANCE ABUSE SERVICES FOR CLAYTON COUNTY, INC.
STATEMENT OF CASH FLOWS
For the Year Ended June 30, 2020

CASH FLOWS FROM OPERATING ACTIVITIES	
Change in net assets from operations	\$ 17,900
Adjustments to reconcile net increase in net assets to net cash provided by operating activities:	
Depreciation	1,750
Changes in:	
Accounts receivable	(5,560)
Accounts payable	9,595
Other accruals, net	34
	<u>23,719</u>
Net cash provided by operating activities	<u>23,719</u>
CASH FLOWS FROM INVESTING ACTIVITIES	
Purchase of investments	<u>(4,661)</u>
Net cash used in investing activities	<u>(4,661)</u>
Net increase in cash	19,058
CASH AND CASH EQUIVALENTS	
Beginning of year	<u>124,437</u>
End of year	<u>\$ 143,495</u>

See Notes to Financial Statements.