

Our Prevention Philosophy

It is our philosophy that strong community leadership is necessary to build the momentum and encourage community investment in the solution of its social and health problems. This is particularly true in the struggle against substance abuse.

Our goal in prevention is to reduce the number and severity of problems associated with alcohol, tobacco and other drugs. This is accomplished by providing opportunities to improve knowledge, social competency, and life skills. Support is also offered.

Programs are designed to meet the changing identifiable needs of individuals or groups at various times throughout their lives and with varying relationships to alcohol, tobacco and other drugs.

Prevention Works!

Effective school-based programming delays the onset of substance abuse, which reduces substance related problems later in life.

Substance Abuse and Mental Health Services Administration
(SAMHSA)



If you have an emergency,
Call 911

SASCC

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Substance Abuse Services
for Clayton County, Inc.

Comprehensive Prevention Programming



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Prevention is not viewed as a separate entity but as part of a continuum of responses

Substance Abuse Services for Clayton County Inc. (SASCC) is a private non-profit agency governed by a board of nine Clayton County residents and incorporated in the State of Iowa. The agency is funded by state and county money along with donations and fees from municipalities, schools and individuals.

SASCC was founded in 1981 by a group of county citizens concerned about the problems of substance abuse. Since this time we have remained locally based and operated, locally responsive and supported.

Our mission: Provide education and assistance to the residents of Clayton County to inspire them to make positive decisions regarding substances and choices and to ultimately lead healthy lives.

Our vision: SASCC will make a positive impact on Clayton County residents by offering accurate information, proven programming and support services which best meet the needs of Clayton County and the surrounding area.

Comprehensive Prevention Programs Offered

We provide prevention programming to all Clayton County School Districts including Central, Clayton Ridge, Ed-Co, MFL Mar-Mac, Starmont, St. Mary's, and the Alternative High School. These relationships enable us to provide education for the prevention of substance abuse. We offer the following programs to schools, businesses and communities:

- **All Stars:** An interactive, program to prevent alcohol, drug and tobacco use, violence, and premature sexual activity among middle school youth. The All Stars program focuses on five strategies that research says will decrease young people's chances of being involved in these behaviors.
- **Life Skills:** Proven to be the most effective evidence-based program used in schools today. Designed to promote positive youth development and highlights personal self-management skills and general social skills. In addition to helping kids resist drug, alcohol, and tobacco use, the LifeSkills* Training Middle School program also effectively supports the reduction of violence and other high-risk behaviors.
- * *Considered a model program by the Center for Substance Abuse Prevention.*
- **Coalition Building:** Technical assistance and resources for community coalitions in developing an organizational framework that involves individuals, groups, and organizations working together to build strengths and reduce risks in their communities. People learn how to assess and prioritize needs and create positive changes within the community.



- **Drug Free Workplace:** "Creating a Drug-Free Iowa Workplace" is an educational program offered to businesses and agencies in Clayton County, Iowa. We provide technical assistance and resources to businesses who wish to create or update policies related to substance abuse; as well as informational presentations regarding substance and effects.
- **Tobacco Education:** Promotion and implementation of tobacco prevention presentations in all school districts in Clayton County, Iowa. Encourage and engage high school students in tobacco control activities. We promote and encourage tobacco free campuses and public environments. Education on health risks of tobacco use and promotion of smoke-free workplaces. We also promote use of Quitline Iowa.
- **Evidence Based Presentations:**
 - ◇ Alcohol
 - ◇ Illegal Drugs
 - ◇ Prescription Medications
 - ◇ Over-the-Counter Medications
 - ◇ Skill building -

Training of middle school and high school youth in communication skills and conflict management. Participants learn to communicate more effectively with their peers, friends, and family with emphasis on being a better listener. Strategies are taught with a hands-on approach, along with discussion of topics of concern chosen by youth themselves.